

204SH Intermediate Free Motion Quilting Saturday 6th July – Sunday 7th July 12h00

Carolyn Trezona

Session: 3 x 3hr

Level: Intermediate



Carolyn's journey with sewing began at the age of ten, making dolls' clothes and eventually her own clothes... how boring! But then the fun began....

Carolyn discovered quilting which she has enjoyed for about 35 years; her passion being free motion quilting. In 2017 she completed the Teachers' Accreditation course with the South African Quilters' Guild, enabling her to share her passion. Carolyn loves sharing with others while giving encouragement to students, enabling them to realise that with a little practice, they can achieve beautiful quilting stitches. Carolyn's aim is to teach students to relax and most of all to have fun.



DETAILED COURSE DESCRIPTION:

This is an intermediate quilting class for those who are comfortable with free motion quilting and would like to challenge themselves! In this class students will begin quilting a 'wholecloth' quilt. The first day they will begin quilting their blocks and the second day they will complete their quilting and join two blocks together with the quilt-as-you-go method. Students will then be able to complete the quilt in their own time.

Student Requirements:

Fabric – 100% cotton of the student's own choice but it is recommended that it be a solid colour for the stitching to show up nicely. Fabric should be washed and ironed before cutting.

To maximize teaching time, the following preparation needs to be done before the class. Students need to:

- Decide on the size of square block you would like to make and what size quilt you would like to make. Carolyn's blocks are 16" x 16" square *finished*.
- Cut your squares an inch larger than the desired finished size.
- Prepare at least 2 quilt 'sandwiches' of a top fabric (the fabric mentioned above) and a backing fabric with the same size batting in between. 505 Basting Spray should be used to baste the sandwich so that pins and basting stitches do not get in the way.

- Cut two strips 1½" (one and one eighth inches) by the length of the unfinished block. It is recommended that a few extra strips be brought in case of any mistakes.

A matching thread or *very slightly* darker thread. A blending variegated thread can also be used.

A sewing machine in good working order – students must know how to drop the feed dogs.

An extension flex and adaptor.

A free motion quilting foot.

A walking foot which has a ¼ inch seam marking.

Quilting gloves – vital for this class.

A Supreme Slider – a product that reduces friction between the surface of the sewing machine and the quilt – it is not essential but highly recommended to ease strain on the arms. Carolyn will have some available in the classroom for purchase.

A rotary cutter.

A 24" x 6" quilting ruler.

A cutting mat large enough to hold the whole quilted block comfortably – only necessary on the second day.

A hand-sewing needle and thread to match the chosen fabric.

Small sharp pair of scissors.

A spiral bound notebook and pencil.

There are many lovely free motion quilting designs available online on platforms like Pinterest. It is suggested that students make a quick sketch of different designs that they have discovered and may wish to use. LuAnn Kesi and Lori Holt's designs are a great source of inspiration. Children's colouring books are wonderful for ideas for simple patterns to quilt. Any examples available should be brought to class for discussion and consideration.